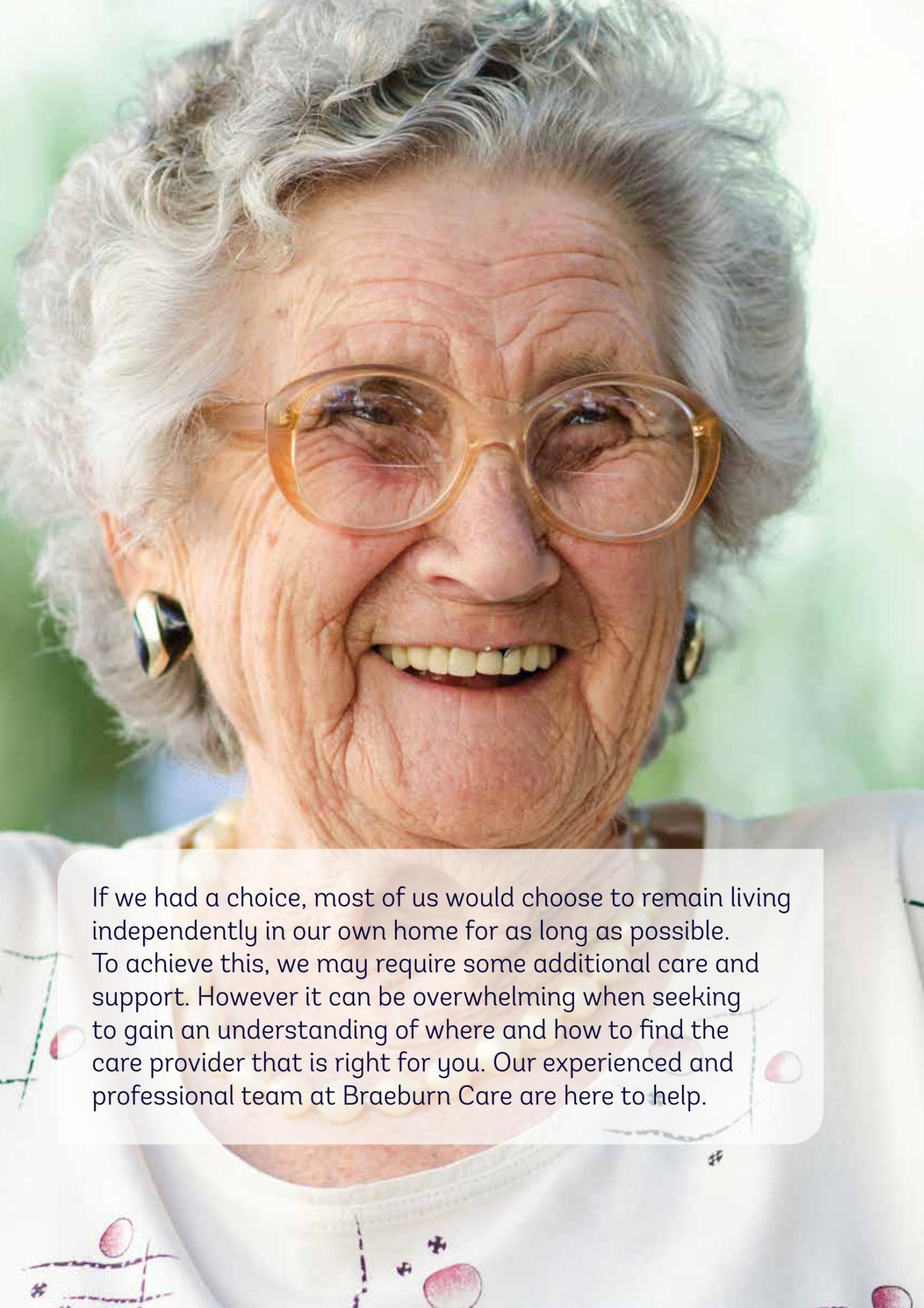



BræburnCare
Caring with Compassion



If we had a choice, most of us would choose to remain living independently in our own home for as long as possible. To achieve this, we may require some additional care and support. However it can be overwhelming when seeking to gain an understanding of where and how to find the care provider that is right for you. Our experienced and professional team at Braeburn Care are here to help.

Braeburn Care provides a wide range of care at home services, offering a complete support service that is tailored to your individual needs.

We are passionate about upholding your independence and personal freedom by providing the high quality care that you may require to remain safely at home. By providing service with compassion we can give the confidence to your family and loved ones that you are receiving the highest standard of care.

Whether you need personal care or companionship, overnight, daily or weekly visits, emergency or respite care with short-term or longer term arrangements, our team at Braeburn Care can provide a complete care solution to meet your individual needs.



"97% of older people in the UK do not want to move into residential care with what is often an institutional and regimented way of life, away from familiar surroundings, friends, family and pets."

www.stayinmyhome.co.uk



Braeburn Care offer an extensive range of care and support services. These services include (but are not limited to) any combination of the listed categories and which can range from 30 minutes all the way through to 24 hour live-in care.



“In 2014 850,000 people were estimated to be suffering from dementia in the UK, of whom 773,502 were aged 65 years or over. By 2025, the number is expected to rise to 1.14 million.”
<http://bit.ly/1iNJNNG>

Companionship Services

- **Companionship** offering stimulation through activities and **conversation**
- **Support** with reading and writing, literacy difficulties or learning English
- **Participation** and support in pursuing hobbies and interests
- Stimulation tasks and **activities**, examples of which include: games, music, family history, food, current affairs, faces and scenes, word association, creativity and orientation
- **Assistance** with Skype or similar messaging and the use of other telecoms
- Sitting services to provide carers the opportunity to have their own break with **peace of mind**
- Arranging and **accompanying** to appointments, outings, trips and social occasions
- **Transport services** providing greater freedom to visit different destinations of choice
- **Care and support** on holidays or trips away to enable you to have a break even if you require **additional assistance** to do so

Personal Care Services

- **Assistance** with morning wake-up to help you start your day
- Support with bathing and dressing, meeting **personal care needs** and offering **support** with clothing selection in line with your style, preference and choices
- Providing grooming and hair care
- Prompting, **assisting** or administering **medication to prescribed dosages** at specified routine times
- Assistance with eating and drinking, keeping food and fluid intake records where required
- **Dietetic advice**, checking food expiry dates and monitoring food and drink to meet quality standards in **nutritional care**
- **Meal provision** ranging from basic snacks and preparing ingredients all the way through to cooking your preferred meals
- Assistance with **evening tuck-in** and **overnight care**

Specialist Care Services

- **Rehabilitation care** to restore your individual **capacity, physically, mentally and socially**
- Support with **incontinence care** and accessing **related advice** and products
- **Dementia care** to help retain your **independence**, living a **fulfilled and happy life**, making adjustments where necessary
- **Alzheimer’s care** understanding the need for **patience** and **flexibility** to make adaptations in tailoring a service that really works for you
- **Reminiscence support** and activities
- **Palliative care** helping you and your loved ones to **maintain comfort** and dignity in the latter stages of life

Additional Support Services

- **Domestic support**, including quality cleaning and housekeeping
- Help with **general shopping** as little or as often as required
- **Collection of prescriptions** to ensure medication requirements are met
- Facilitating obtaining advice on **security** and **safety** around your home
- **Supervision of home maintenance** and gardening, including **guidance** and dealings with local Suppliers
- **Care** for houseplants
- **Overseeing home deliveries** to offer **peace of mind**
- Dropping off and **collecting dry cleaning**
- **Assisting with pet care** and dog walking



A dependable, high quality & personal service

At Braeburn Care we provide a punctual, friendly and safe service. With our customers depending on our visits, we understand that punctuality is vital. We use technology solutions for reliable scheduling and visit arrival and departure confirmations.

We always know exactly where our care workers are at anytime, automatically alerting our management team in the unlikely event they run behind. The alerts we receive allow us to keep our customers and family members informed and updated in the unlikely event that a delay does occur.

One of the most important aspects of our service is the provision of committed and compassionate care workers who provide a high quality, personal service. Our staff are rigorously screened, trained and with their skills developed by ourselves and then allocated regular customers to visit.

When selecting your regular care workers we make it our priority to achieve a match to your personality, preferences and interests. Our team understand the importance of providing continuity and building trust, offering a high quality, personalised service that you, your family and loved ones are equally happy and confident with.

A transparent and flexible service

We understand that many people can be apprehensive and concerned about committing to new services and that it can take time to build up trust and confidence in any such new relationship. At Braeburn Care we offer a service that is both transparent and flexible, allowing you to cancel visits without charge with just forty-eight hours notice, and to stop all services, if you wished, with a notice period of only twenty-eight days.



“600,000 adults over 65 leave their house once a week or less and **17%** have less than weekly contact with family, friends and neighbours.”
<http://bit.ly/1INJNNG>

Companionship

At Braeburn Care we understand that having a strong support system can be vital to you and your loved ones and are proud of the difference our companionship services can make to your overall health, well-being and happiness. Whether it is one-to-one stimulation, through activities and conversation, assistance to and from appointments, outings and social occasions, or even care and support on holidays or trips away, our companionship services are designed to support your choices and deliver the care you need to live life your way.

Going beyond your home

We make it our priority to know and understand what your local community has to offer. Through our extensive network we can help connect you with like-minded people, enable access to a range of community activities in your area, or simply help organise your social events and outings. If you have hobbies or interests such as yoga, dance classes, jazz evenings, bowls, theatre or even pottery, our team are on hand to research locally available options and support you in attending the activities of your choice.



For further information about our **care and support services** please call **01892 577 680**



for a confidential no-obligation chat or email us at: enquiries@braeburncare.co.uk



Emergency and Respite Care

Many family members and loved ones are concerned about what would happen to the people they care for in an emergency or, they themselves as a carer, should need a period of respite.

No matter how committed family members and loved ones are to the needs of the person they care for, they also do need to make time for themselves.

Emergency or respite care may be required for short-term or longer periods. Over a weekend or bank holiday. A week or even several. No matter what the duration, at Braeburn Care we will meet the needs of both you and your loved ones.

We understand there is often very little time to plan for an emergency or respite care. If you have an accident or fall, require additional support after returning home from hospital or help with unforeseen circumstances, we specialise in quickly responding to your situation and circumstances.



Overnight Care

Our overnight care services can be provided on a short-term or longer term basis, for as many nights of the week as may be required or to cover family members and loved ones during respite periods, holidays or other situations that may arise.

Sleeping nights

During sleeping nights your care worker will stay at your home for at least eight hours, sleeping in a separate room. They are expected to have a reasonable night's sleep, while being on hand to give you any assistance you may require.

We provide you with a buzzer to alert your care worker should you require help during the night. In the morning, if you choose, your care worker can provide you with assistance in starting the day, providing personal care, preparing your breakfast and assisting with medication. Our sleeping nights service offers peace of mind that you are not alone and that help is always on hand if required.

Waking nights

During waking nights your care worker will stay awake all night and remain in your bedroom with you. This may be necessary due to a recent illness or a difficult condition where you require extra assistance through the night with close monitoring. Our waking nights are also for a minimum of eight hours, and we can provide further additional hours if needed to help you start the day.



For further information about our **emergency and respite care, overnight care and support services** please call **01892 577 680** for a confidential no-obligation chat or email us at: enquiries@braeburncare.co.uk



"23% of people over 65 said they had restless sleep on most or every night in the last 2 weeks."
<http://bit.ly/1iNjNNG>



Live-in care

There is often a preconception that if daily visits or overnight care no longer fully meet your needs that residential care is then the only option available. This is no longer the case as our bespoke 24 hour live-in care and support services provide an attractive alternative solution.

These services allow for completely tailored, one-to-one, more intensive care and support, day and night from a care worker who lives with you in the comfort of your own home. We offer around-the-clock companionship and care, on a short-term or longer term basis offering a perfect alternative to residential care.

You gain the continuity of one carer living with you at any time, peace of mind knowing that someone is always nearby, and benefitting from a service on your terms, meeting your preferences and expectations. Our services are completely tailored to meet your individual needs and can be fully adapted as and when your circumstances change.

Choosing between care at home and care in a residential setting can be a difficult decision for both you, your family and loved ones. At Braeburn Care we are here to help. We offer compassionate and competitive services with transparent prices and terms & conditions. Our team can offer you advice, guiding you through the decision-making steps and further information on the care at home services we offer - helping you to make the decision that is right for you.



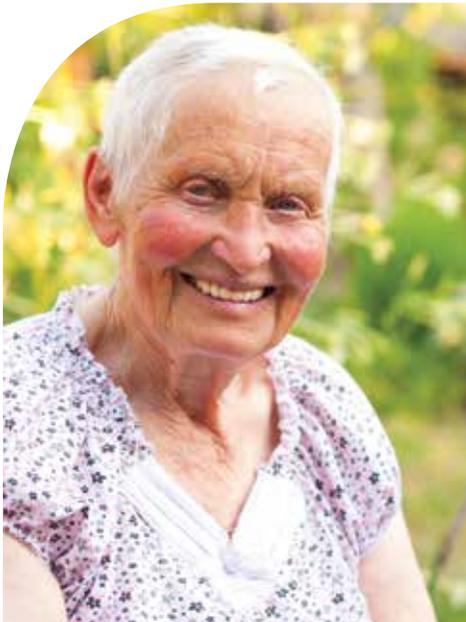
For further information about our **live-in care and support services** please call **01892 577 680** for



a confidential no-obligation chat or email us at:
enquiries@braeburncare.co.uk



Please find enclosed our current price guide for our services. If you would like further information on any of **our care and support services** please call **01892 577 680** for a confidential no-obligation chat or email us at: **enquiries@braeburncare.co.uk**



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